

HUMILITY/HUMILIATION

I. Examples of Biblical usage

- A. Hebrew word *ana* - "to be bowed down, afflicted, or humbled"
- Used of women "humbled, humiliated, brought low" by rape
Gen. 34:2 - "lay with her by force"
Deut. 22:24 - "violated his neighbor's wife" (cf. 22:29)
Lam. 5:11 - "ravished the women"
Ezek. 22:10 - "humbled her in her menstrual impurity"
 - God "humbles, afflicts, makes men submissive"
Deut. 8:2 - "He might humble you, testing you"
Deut. 8:3 - "He humbled you and let you be hungry"
II Kings 17:20 - "the Lord afflicted them"
Ps. 119:71 - "It was good for me that I was afflicted"
 - Attitude man is to have "submitting, humbling oneself" to God
Exod. 10:3 - "How long will you refuse to humble yourself"
Dan. 10:12 - "humbling yourself before your God"
- B. Greek words *tapeinos* and *tapeinophrosune* - *tapeinos* = low, lowly; *phren* = thought, mind, heart
- Greek moralists depreciated this attitude
 - Regarded as weakness, wimping out, taking the back-seat, getting run over, groveling
 - Instead, advocated self-esteem, self-reliance, self-assertion, self-righteousness, to seek to be better than others for self-glory.
 - Greek word sometimes refers to lowly, poor, humiliating
Lk. 1:48 - "the humble state of His bond-slave"
Rom. 12:16 - "associate with the lowly"
II Cor. 7:6 - "God comforts the depressed"
Phil. 3:21 - "body of our humble state"
James 1:9 - "the brother of humble circumstances"
 - Greek word transformed in Christian usage as expressive of character of Christ - "humility, lowliness of mind"
Matt. 11:29 - "I am gentle and humble in heart"
Eph. 4:2 - "with all humility and gentleness"
Phil. 2:3 - "with humility of mind"
Phil. 2:8 - "He humbled Himself by becoming obedient"
Col. 3:12 - "put on a heart of compassion..humility..."
James 4:10 - "humble yourselves in the presence of the Lord"
I Pet. 5:6 - "clothe yourselves with humility toward one another"

II. Humility as divine character

- A. Humility in the character of God
Ps. 18:35 - "Thy gentleness makes me great"
Ps. 113:6 - "God humbles Himself to behold things in heaven and earth"
- B. Jesus exemplified character of humility and humiliating in man
Matt. 11:29 - "learn from Me, for I am gentle and humble in heart"
Lk. 22:27 - "I am among you as One who serves"
Matt. 21:5; Zech. 9:9 - "humble, mounted on a donkey"
Phil. 2:7 - "took the form of a bondservant"
Phil. 2:8 - "humbled Himself by becoming obedient to point of death"

Heb. 12:2 - "endured the cross, despising the shame"
I Pet. 2:23 - "reviled, he did not revile in return..."

III. False-humility of religion

- A. Self-abasement
 - 1. Self-affliction, flagellation, self-imposed hardship and suffering, masochism - Col. 2:18,23
 - 2. "dying to self"
 - 3. legalistic impositions
 - 4. long faces, fasting, appearance of austerity and spirituality, hypocrisy -
- B. Spiritual pride
 - 1. elitism, exclusivism, favored of God - Rom. 12:3
 - 2. puffed up with knowledge - I Cor. 8:1
 - 3. claims to moralistic excellence, self-righteous
 - 4. comparing themselves with themselves - II Cor. 10:12
 - 5. prestige, privilege, preference, position, protocol, posturing, politics - Gal. 6:3
 - 6. honor, glory, praise from men - Jn. 5:44; Mk. 12:39
 - 6. eager to teach - James 3:1
 - 7. fail to recognize grace
- C. For purpose of self-exaltation

IV. The divine character of humility and humiliation expressed in Christian behavior by the life of Jesus Christ.

- A. Humility
 - 1. recognizes that Christian life only by grace of God - James 4:6
 - a. personal insufficiency and unworthiness- II Cor. 3:5
 - 2. submits to Lordship of Jesus Christ - James 4:7
 - a. dependence, receptivity
 - 3. attitude of humility - Eph. 4:2; Col. 3:12; I Pet. 3:8
 - a. count others better than yourself - Phil. 2:3
 - b. deference toward others - Eph. 5:21
 - c. willing to take last place - Matt. 18:4; 20:27; Mk. 9:35
 - d. confessing - James 5:16
 - e. forgiving - Eph. 4:32; Col. 3:13
 - f. loving - I Cor. 13:4
 - g. servant-heart - Matt. 20:26
 - h. teachable, willing to learn
 - i. concerned about unity - Rom. 12:16
 - 4. God will exalt - Matt. 23:12; Lk. 14:11; 18:14; James 4:6; I Pet. 5:6
- B. Humiliation
 - 1. turn the other cheek - Matt. 5:39
 - 2. willing to be mocked, misunderstood, spoken evil of, slandered, ridiculed, despised, suspected, rebuffed, overlooked, slighted
 - 3. no attempt to protect reputation
 - 4. willing to forego personal "rights"